

Crestview Dec. Local Breakfast

Food Service Director: Jackilyn Wilmes

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 French Toast Sticks with Sausage or Assorted Whole Grain Cereal with Toast Mixed Fruit and Fruit Juice Choice of Milk	2 Whole Grain Mini Cinnamon Rolls or Assorted Whole Grain Cereal with Toast Sweet Peaches and Fruit Juice Choice of Milk
5 Blueberry Muffin or Assorted Whole Grain Cereal with Toast Sliced Pears and Fruit Juice Choice of Milk	6 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Sliced Peaches and Fruit Juice Choice of Milk	7 Egg and Cheese English Muffin or Assorted Whole Grain Cereal with Toast Mixed Fruit and Fruit Juice Choice of Milk	8 Stuffed Bagel with Strawberry Cream Cheese or Assorted Whole Grain Cereal with Toast Applesauce and Fruit Juice Choice of Milk	9 Pancakes with Sausage Links or Assorted Whole Grain Cereal with Toast Banana and Fruit Juice Choice of Milk
12 Pillsbury Maple Pancakes or Assorted Whole Grain Cereal with Toast Mixed fruit and Fruit Juice Choice of Milk	13 Egg and Cheese Biscuit or Assorted Whole Grain Cereal with Toast Pears and Fruit Juice Choice of Milk	14 2 WG Waffles or Assorted Whole Grain Cereal with Toast Sweet Sliced Peaches and Fruit Juice Choice of Milk	15 Banana Muffin or Assorted Whole Grain Cereal with Toast Banana and Fruit Juice Choice of Milk	16 Pillsbury Apple Danish or Assorted Whole Grain Cereal with Toast Golden Apple and Fruit Juice Choice of Milk
19 Egg & Cheese Croissant or Assorted Whole Grain Cereal with Toast Sliced Apples and Fruit Juice Choice of Milk	20 French Toast Sticks with Sausage or Assorted Whole Grain Cereal with Toast Sliced Orange and Fruit Juice Choice of Milk	21 Stuffed Bagel with Cream Cheese or Assorted Whole Grain Cereal with Toast Mandarin Oranges and Fruit Juice Choice of Milk	22 No School!	23 No School!
26 No School!	27 No School!	28 No School!	29 No School!	30 No School!

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

Whole Grains Available Daily



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

Proud to manage your food service program



Meal Prices:
Paid \$1.35
Reduced \$.30

This institution is an equal opportunity provider.

MENUS SUBJECT TO CHANGE